



Position Title

Family Wellness Worker
0.8 FTE
Temporary Contract (until March 31, 2024)

Reporting To

Family Resource Network (FRN) Supervisor

Position Summary

Working within the Family Resource Network (FRN) team, the Family Wellness Worker will provide outreach support to families in their homes and deliver psychoeducational groups in the communities of Fort Saskatchewan and Sturgeon Region. All FRN team members work within the Government of Alberta's Well-Being and Resiliency Framework:

<https://open.alberta.ca/dataset/520981c4-c499-4794-af55-bc932811cb1e/resource/7fda0ae8-8d97-49e7-b94b-7f0088cd767d/download/well-being-resiliency-framework-march2019.pdf>

Duties and Responsibilities

- Build healthy relationships with families, community and the Families First team
- Develop and deliver psycho-educational group programming to meet caregiver and child development needs
- Build hope and resilience in families and our team
- Work effectively both within a team and independently
- Support families and children in their homes and community
- Support caregiver – child attachment
- Use Ages and Stages Questionnaire to support optimal development and supports
- Engage caregivers and children in capacity building
- Support caregivers to navigate complicated systems
- Report trends and gaps in services to Families First team
- Advocate for families to access the supports they require
- Build knowledge and awareness of the Fort Saskatchewan and Sturgeon Region communities
- Build collaborative partnerships
- Coordinate care

Qualifications

- Diploma or degree in human services field; or significant work-related experience
- Registration with your regulatory body if applicable
- At least 2 years of experience supporting children and families
- Triple P, Circle of Security Parenting, Kids Have Stress Too considered an asset
- Solid knowledge of brain science, attachment theory, child development, trauma, and resiliency
- Access to a reliable vehicle



Families First Society
FORT SASKATCHEWAN

Safe, strong, healthy future generations

- Ability to provide criminal record check and intervention record check
- Willingness to embrace the culture and values of Families First Society
- Commitment to Truth and Reconciliation Commission's Calls to Action
- Ability to adhere to Families First Vaccination Policy

Please submit your cover letter and resume to jdagneau@familiesfirstsociety.ca

Closing date: open until filled

Salary: \$20 - \$25/hour